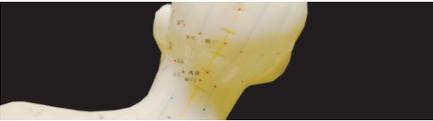


Health Recovery Chip Guide

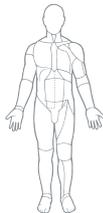
Awarded

Best Innovation in Acupuncture
International Congress of Traditional Medicine



Needle Free Acupuncture

REVOLUTIONARY NANOMETER TECHNOLOGY
Convenient Effective Safe
Simple No side effects
Economical
Durable



Health Recovery Chips

The chips are the first choice
for your health



Helping you make the transition

SIG-NA Healthcare Inc. 5449 Yonge Street, Suite 200, Toronto, Ontario, M2N 5S1 Canada

1-888-919-2929

416-221-0067 (GTA)

Web: www.sig-na.com

Congratulations of your purchase!

We want to ensure you are completely satisfied with the purchase of your needle free acupuncture Health Recovery Chip Pain Management, Wellness and Vitality System !

Therefore, we encourage you to contact us by phone or email, if you have ANY questions about getting started or using your Health Recovery Chips at the following contact information.

We encourage you to contact us:

Visit our website

www.sig-na.com

For more information on using the Health Recovery Chips

Email us

info@sig-na.com

Call us

1-888 - 919 - 2929 (Outside of GTA)

416 - 221 - 0067 (Toronto and GTA)

We can answer any questions you may have and walk you through how to use your Health Recovery Chips.

For your convenience, we have placed an

EASY REFERENCE CHECKLIST

at the back of the book

that summarizes most of the important points from this Health Recovery Chip Guide Book

Our Mission:

To empower and enable individuals and practitioners
to access the benefits of becoming healthier, for themselves
and others.

Be healthy. Help yourself. Help others.

Re-imagine life.

01	Arthritis	40	Heart-Irregular beat
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35	Facial Rejuvenation	74	Women - Inflamed Reproductive Organs
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39	Heart - High Cholesterol	77	Women - Menstrual Cramping

IMPORTANT: Read the following BEFORE using

Welcome to the wonderful world of your new needle free acupuncture, Health Recovery Chip Pain Management, Wellness and Vitality system!

We are confident you will be amazed and pleased with the process and results this revolutionary holistic healing system offers. Recently launched in July of 2006, our product was soon awarded BEST NEW INNOVATION in ACUPUNCTURE at the International Congress of Traditional (Chinese) Medicine in September, 2006.

Development on the needle free acupuncture Health Recovery Chips began over 10 years ago. Dr Xu, lead inventor and originator of the idea, worked closely with 2 other co-inventors on the initial idea. Many leading scientists, medical doctors and a number of hospitals were brought in to the development, research and clinical trials that preceded bringing this product to market. The needle free acupuncture Health Recovery Chips concept began with the knowledge of the significant healing benefits that acupuncture can bring, but with the understanding that a significant number of people were not interested in the experience or the benefits of acupuncture because it involved 'needles'... Now, after over 10 years of research, development and clinical trials, achieving the healing benefits of acupuncture without the needles is a reality with the Health Recovery Chips.

The benefits of using the Health Recovery Chips are numerous, but here are a few that will catch your eye:

- **Safe** – no needles
- **Convenient** – Anywhere, Anytime - at the office/clinic, home or play
- **Portable** – you can wear the chips at work or at play
- **Effective** – works as well as needles
- **Simple** – easy to learn, EASY to use
- **Economical** – compared to medication and other treatments
- **NO SIDE EFFECTS** – no electricity, magnetism, radiation or medicine

The needle free acupuncture Health Recovery Chip Pain Management, Wellness and Vitality system is excellent for a VARIETY of Healthcare Practitioners such as ACUPUNCTURISTS, MASSAGE THERAPISTS, CHIROPRACTORS, NATUROPATHS, SPA'S and other Complimentary Alternative Health Practitioners, along with busy people who want a portable, holistic healing solution, and want to use it anytime, anywhere – whatever is convenient for them. It provides an excellent complement or alternative to prescription medication helping you to reduce or alleviate the harmful or distressing side effects that can accompany taking certain medicines. **If you are looking to reduce your reliance on medication we strongly recommend you do so under the supervision of your doctor who has prescribed the medication.** Many users of the Health Recovery Chips have been able to partially or completely reduce their reliance on medications and the harmful or distressing side effects that may accompany some medications and compliment their existing therapies with improved overall results.

We want to ensure your experience with the Health Recovery Chips Pain Management, Wellness and Vitality system is exceptional and one that you will want to share with your all of your clients, family and friends. Therefore, we have provided you with our needle free acupuncture Health Recovery Chip Guide to walk you through the process step by step, and to answer any questions you may have. You will find this guide in book form, or on our website (www.sig-na.com). The guide will direct you to the location for placement of the Health Recovery Chips depending on the condition being treated. It's easy to use but if you have further questions, don't hesitate to contact us (see Contact Us section of our website) – we'll be pleased to assist you.

Many people have already experienced the benefits of acupuncture without needles by using the Health Recovery Chip Pain Management, Wellness and Vitality system, and we have included just a few of their testimonies on our website (see Testimonials). We would love to hear how YOU and your clients benefit from using our product – email us at mystory@sig-na.com and let us know we can post it on our website to help others like you make their buying decision.

Depending on the number of Health Recovery Chips you own, you may find for the diseases or conditions you wish to treat, that there are more acupuncture points required than you have chips. You simply split the treatment into 2 parts, and in that way you will be able to cover all of

the points required. You can split this into 2 treatments parts in one day or do 1/2 of the treatment one day, and the 2nd part you can treat on the next day. Continue that way until you've reached your target number of treatments. The other alternative is to buy more chips - but this is not necessary, only more convenient. If you wish to buy more chips or accessories please contact us or visit our website (www.sig-na.com).

Your product carries a 30 day, MONEY BACK guarantee, and a 1 year warranty. Please note for the warranty to become effective, you must email us at warranty@sig-na.com or call us with your personal details and we'll register your purchase.

Acupuncture is a healing art that has stood the test of time – it's been with us for over 2000 years. Like any wellness solution, the time necessary to bring one relief will vary with the condition. We have included 2 charts located above the ACUPUNCTURE GUIDE main page that will help bring understanding for what to expect in terms of effectiveness and time required – we encourage you to review those before using your needle free acupuncture Health Recovery Chips.

Acupuncture deals with both the symptoms and the root cause of your diseases, illness, chronic pain or discomfort. It is based on the belief that the body has a network of meridians that travel and intersect throughout that carry life sustaining blood and 'qi' (energy). Disease states, discomfort or illness occur in the body when there is a blockage(s) in one or more of the body's meridians. This blockage(s) results in internal organ imbalance and further distress. Acupuncture is a method that helps remove the blockages to ensure the blood and 'qi' flow is restored to its natural state, and by doing so, restores balance to the internal organs. **The result is wellness by allowing and assisting one's body to heal itself, and to do so without side effects. It is truly wonderful, and all natural.**

In order to remove blockages of the body's meridians, specific points (acupuncture points) along the meridians are stimulated (typically with needles). This procedure has proven, over the course of more than 2000 years, to restore the natural flow of blood and 'qi' and bring balance to the internal organs, resulting in wellness. The needle free acupuncture Health Recovery Chips are used to stimulate those same acupuncture points along the body's meridians but do so **without the necessity of penetrating the skin with needles**. That's what makes the Health Recovery Chip Pain Management, Wellness and Vitality system so wonderful and amazing.

Acupuncture is recognized by the World Health Organization and as such, each of the acupuncture points has a corresponding W.H.O. number for consistent global identification. You will find the W.H.O. number for each point on the Acupuncture Guide on the website in the Acupuncture Guide section.

The needle free acupuncture Health Recovery Chips are a patented silicon molecular construction that employ cutting edge nanometer technology. This highly sophisticated and specific technology allows for a much greater surface level of silicon to interact with the body's meridians at the molecular level. The result – the Health Recovery Chips are able to influence and adjust the cells of the body's acupuncture points. A chain reaction through the cells effectively balances the function of the internal organs through circulatory and acupuncture channels, which in turn, creates a more energetic, vibrant and healthy person.

When treating with the Health Recovery Chips, one can expect to experience a 'heating' or 'warming' sensation. This is generated from bio-electricity that the chips generate, but the heat experienced is one's own body's heat – not the Health Recovery Chips - they do not significantly change temperature. **The sensation can feel very warm, but it's safe, and remember – it's the body's own energy at work.**

It's now time to embark upon your healing journey. We are confident your experience will be gratifying and if your aren't already familiar with acupuncture meridian point theory and application, you will learn a great deal about the body and acupuncture as you move to better health and wellness, naturally. It is now time to :

Be healthy. Help yourself. Help others. Re-imagine life.
Sincerely,

Douglas Yam - President
Sig-na Healthcare Inc.

Dr Zhilong Xu - Co-inventor



Health Recovery Chips

The chips are the first choice for your health

Disease effectiveness with Health Recovery Chips in 20 hospitals/Doctor's facilities

TOTAL TREATMENT CASES 2100
TOTAL EFFECTIVENESS RATE 89.98%*

Disease Names	Treatment Cases	Total Effectiveness Rate	%
Arthritis	50		91
Allergies	40		86
Asthma	48		94
Blood Pressure - High	66		92
Common Cold	90		91
Constipation	50		88
Depression	60		91
Diabetes	30		80
Digestive-Ulcer	50		92
Dizziness	54		92
Headache-Migraine	120		94/96
Heart-Disease	40		86.2
Heart-Irregular beat	30		86
Insomnia	50		90
Kidney-Inflammation	52		75
Liver	76		91.3
Neck-Stiff	50		89
Prostate-Enlarged	68		89.7
Shoulder-Pain	80		95
Stroke Recovery	50		90
Throat-Sore	30		82
Weight Loss	30		90
Women-Menopause	40		90
Women-Menstrual Cramping	30		82

* Effectiveness is defined as patient either being cured or experiencing some degree of relief

Initial Treatment Duration

One treatment = 45 – 60 minutes.

A full course of treatments = 10 individual treatments over 10 or 20 days then 2 days with no treatments

Where more than one X indicated - Choose the treatment duration that BEST suits the severity of your condition

	1-3 courses Short Term	4-6 courses Mid Term	7-10 courses Longer Term
Arthritis		X	
Allergies	X	X	
Anxiety & Stress	X	X	X
Asthma		X	
Back- Disc Degeneration	X	X	X
Back-Lower Pain	X	X	
Back-Sciatic Nerve		X	
Bell's Palsey	X	X	X
Bladder Dysfunction		X	
Blood Pressure - High		X	X
Blood Pressure - Low		X	X
Breasts-Fibrosis			X
Bronchitis		X	
Carpel Tunnel		X	
Chemotherapy (effects of)			X
Chronic Fatigue Syndrome		X	
Circulation		X	
Clogged Arteries		X	X
Cholestrol-High		X	X
Common Cold	X		
Constipation	X	X	
Depression		X	X
Diabetes			X
Digestive-Gastritis	X	X	
Digestive-Stomach Ache	X	X	
Digestive-Ulcer	X	X	
Digestive-Upset Stomach	X	X	
Dizziness	X	X	
Drug Addiction		X	
Epilepsy			X
Eye-Cataract			X
Eye-Dry		X	
Eye-Far Sighted		X	

	1-3 courses Short Term	4-6 courses Mid Term	7-10 courses Longer Term
Eye-Weak Sight		X	X
Facial Rejuvenation	X	X	X
Headache	X	X	X
Headache-Migraine	X	X	X
Heart-Disease	X	X	X
Heart-High Cholestrol			X
Heart-Irregular beat		X	X
Heart-Pain	X	X	X
Hiccups	X		
Immune System-Strengthen		X	X
Insomnia	X	X	
Irritable Bowel Syndrome		X	X
Kidney Inflammation		X	
Liver - Strengthen - Rebalance			X
Men Impotence		X	
Men Inflamed Prostate		X	
Men or Women-Infertility		X	X
Men-Nocturnal Emission		X	X
Men - Premature Ejaculation		X	X
Mouth - Canker	X		
Mouth - Inflamed Gums	X		
Mouth - Toothache	X		
Neck - Stiff	X	X	
Osteoporosis		X	X
Panic Attacks	X	X	X
Prostate - Enlarged		X	X
Radiation/Chemotherapy		X	X
Ribs-Nerve Dysfunction	X	X	
Shoulder Pain	X	X	
Sinusitis	X	X	
Smoking-Quit	X	X	
Stress & Anxiety	X	X	X
Stroke Prevention		X	X
Stroke Recovery			X
Tennis Elbow	X	X	
Throat-Sore (losing voice)	X	X	
Throat-Tonsillitis	X	X	
Thyroid-Underactive		X	X
Weight Loss	X	X	
Women-Infertility		X	X
Women-Inflamed/ Reproductive Organs	X	X	
Women-Irregular Menstration		X	X
Women-Menopause		X	X
Women-Menstrual Cramping	X	X	

Benefits of your needle free acupuncture Health Recovery Chip Pain Management, Wellness and Vitality System

Safe – NEEDLE FREE!

Convenient – do it on your own

Effective – works as well as needles

Simple – easy to learn, EASY to use

Economical – compared to medication and other
treatments

No side effects – no electricity, magnetism, radiation or
medicine

Contents of kit:

5 or 10 stone needle free acupuncture Health Recovery Chip kit

- 5 (or 10) individual Health Recovery Chips
- 1 bottle of Surface Liquid
- 1 jade wand
- 1 roll hypo-allergenic tape
- 1 roll (stronger) tape - non hypo-allergenic
- 1 Health Recovery Chip Acupuncture Guide Book

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Sig-na Healthcare Inc. Any unauthorized duplication,
copying and/or sale or distribution of any of it's content without the
express written consent of Sig-na Healthcare Inc.
is strictly prohibited by law.**

Sig-na Healthcare Inc.™*

How do they work?

The Health Recovery Chip's silicon molecular construction employs cutting edge nanometer technology. This highly specific technology allows for a much greater surface level of silicon to interact with the body's energy meridians at the molecular level. The result - the Health Recovery Chips are able to influence and adjust the cells of the body's acupuncture points. A chain reaction of the cells occurs which effectively balances the function of internal organs through the circulation and Acupuncture channels. This creates a more energetic, vibrant and healthy person.

Important definitions:

SURFACE LIQUID – the water found in the bottle provided in the kit, **BEFORE** it comes into contact with the surface of a Health Recovery Chip. **This water is not irritable** and will not irritate any of one's mucous membranes, including the eyes upon contact.

ACTIVATED LIQUID – any water that **HAS COME INTO CONTACT** with a Health Recovery Chip. This water, or any residue from this water, **WILL CAUSE IRRITATION** of one's mucous membranes, including the eyes upon contact.

SURFACE LIQUID becomes ACTIVATED LIQUID once it has come into contact with a Health Recovery Chip. It is important to understand this difference as it applies to one's comfort and safety when using the Health Recovery Chips.

Will ANY KIND OF WATER work with the Health Recovery Chips?

YES, any kind of water will work (and result in a warming or heating sensation) with the Health Recovery Chips, but you will limit the life and effectiveness of the Health Recovery Chips (and void the warranty) if you use any Liquid other than the SURFACE LIQUID. The only type of liquid we recommend for use with the Health Recovery Chips is: The SURFACE LIQUID provided in your kit.

Why do some diseases/conditions have more than one option?

In the case of Arthritis, obviously because we are treating different areas of the body. For most of the others, the options reflect the fact that there could be more than one root cause of the disease/condition. Having more than one option allows for treatment coverage of a variety of root causes.

Step by step Instructions for applying the Health Recovery Chips (No Taping)

One treatment = 45 – 60 minutes.

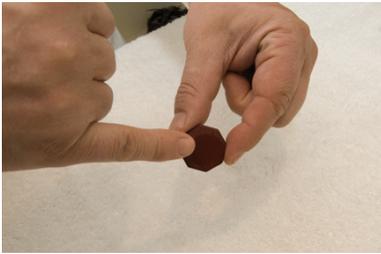
A full course of treatments = 10 individual treatments over 10 days then 2 days with no treatments



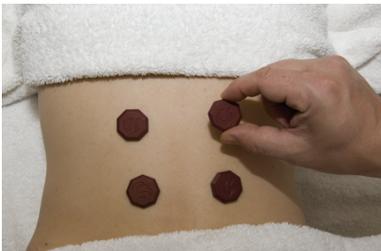
Step 1 – Always wash clean (then dry) the areas on your skin (oil, makeup, dirt, etc) where you will be applying the Health Recovery Chips on the body BEFORE the stones come into contact with the skin.



Step 2 – Hold each side of the Health Recovery Chip as shown and place a few drops of the Surface Liquid onto the exposed face of the stone. We recommend using the flat face to contact skin, which will leave logo facing up once you place the Health Recovery Chip onto the skin.



Step 3 – Spread the Surface Liquid to cover the entire face of the Health Recovery Chip with your finger, cotton swab or the jade wand to spread the SURFACE LIQUID.



Step 4 – Place each chip in the appropriate location on the body. These can be applied as shown in the Health Recovery Chip Acupuncture Guide or on the areas of the body that are causing discomfort. It should be obvious but remember to place the face of the chip with the liquid applied side against the body.

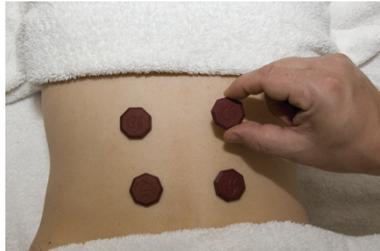
Continue to place all chips on the appropriate points on the body until completed – leave on the body for 45 – 60 mins per treatment. If the Acupuncture Guide calls for more chips than you own, you can proceed in 2 or 3 separate sessions so that all points are eventually covered in the course of 1 or 2 days.



Step 5 – After each time you handle the Health Recovery Chips ensure you wash/rinse your hands thoroughly with water to prevent any further heat transfer to your eyes, nose, mouth or other mucous membranes.

If the ACTIVATED LIQUID comes into contact with any of your mucous membranes, including your eyes, you may experience discomfort, but remain calm. Immediately rinse the affected area thoroughly with water until the discomfort disappears.

Rinsing the affected areas should take 5 -10 seconds or more.



During the treatment you may experience an initial warming effect which can transition to a very intense heat. This is the body's own heat – the actual chips do not change temperature. The skin surrounding the points may become flushed and look red. The redness should disappear within 15-30 minutes upon completion of your treatment.

If irritation persists, take a day or so off between treatments until it disappears.

One treatment = 45 – 60 minutes.

A full course of treatments = 10 individual treatments over 10 days then 2 days with no treatments
The 10 Treatments can also be applied on an 'every other day' basis over 20 days.

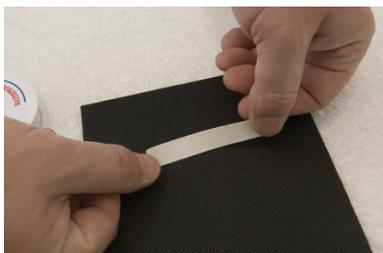
Step by step Instructions for applying the Health Recovery Chips (Taping)



Step 1 – Always wash clean (then dry) the areas on your skin (oil, makeup, dirt, etc) where you will be applying the Health Recovery Chips on your body BEFORE the stones come into contact with the skin.



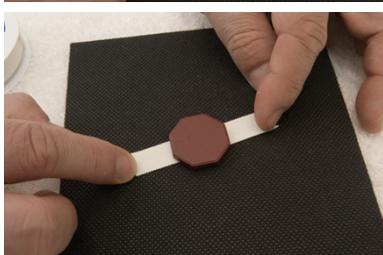
Step 2 – Select the length of tape required for the acupuncture point you will be placing the stones – tear that length from the roll of tape.



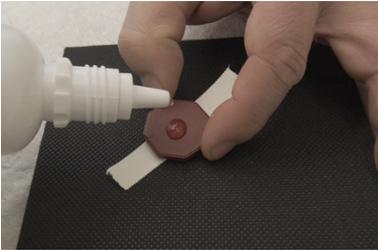
Step 3 – Place the tape onto a flat surface with the 'sticky' side up – which prepares you to place the Health Recovery Chip onto the tape.



Step 4 – Take a Health Recovery Chip and with the logo side down (flat side up – always tape the same side) place it (logo side) onto the 'sticky' side of the tape. Touch the sticky side of the tape as little as possible with your fingers.



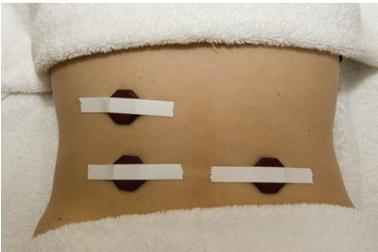
Step 5 – Carefully move your fingers away from the tape – again, touch the sticky side of the tape as little as possible with your fingers to ensure the tape will remain secure for the treatment.



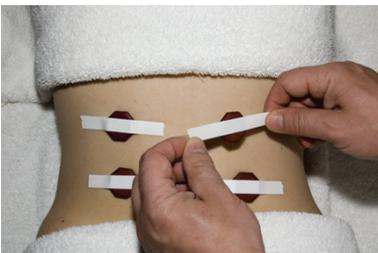
Step 6 – Hold each side of the Health Recovery Chip as shown and place a few drops of the Surface Liquid onto the exposed face of the stone.



Step 7 – Spread the Surface Liquid to cover the entire face of the Health Recovery Chip with your finger, a cotton swab or the jade wand to spread the SURFACE LIQUID.



Step 8 – Place each chip in the appropriate location on the body. These can be applied as shown in the Health Recovery Chip Acupuncture Guide. You can also apply the chips directly on the areas of the body that are causing discomfort. It should be obvious but remember to place the face of the chip with the liquid applied side against your body.



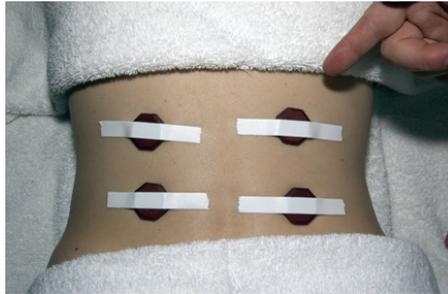
Step 9 – Continue to place all chips on the appropriate points on the body until completed – leave on the body for 45 – 60 mins per treatment. If the Acupuncture Guide calls for more chips than you own, you can proceed in 2 or 3 separate sessions so that all points are eventually covered in the course of 1 or 2 days.



Step 10 – After each time you handle the Health Recovery Chips ensure you wash/rinse your hands thoroughly with water to prevent any further heat transfer to your eyes, nose, mouth or other mucous membranes.

If the ACTIVATED LIQUID comes into contact with any of your mucous membranes, including your eyes, you may experience discomfort, but remain calm. Immediately rinse the affected area thoroughly with water until the discomfort disappears.

Rinsing the affected areas should take 5 -10 seconds or more.



During the treatment you may experience an initial warming effect which can move to a very intense heat. This is your body's own heat – the actual chips do not significantly change temperature. The skin surrounding the points may become flushed and look red. The redness should disappear within 15-30 minutes upon completion of your treatment.

If irritation persists, take a day or so off between treatments until it disappears.

One treatment = 45 – 60 minutes.

A full course of treatments = 10 individual treatments over 10 days then 2 days with no treatments
The 10 Treatments can also be applied on an 'every other day' basis over 20 days.

Cleaning the Health Recovery Chips



UV light is also a safe and effective method for cleaning your Health Recovery Chips.



NEVER apply your Health Recovery Chips to any sores, cuts or broken skin, rashes or wounds on the skin.

SURFACE LIQUID

The **BEST OPTION** for cleaning your Health Recovery Chips is to use the SURFACE LIQUID provided. This will give the most longevity for your Health Recovery Chips. The Health Recovery Chips are self-sterilizing. Bacteria, fungus and germs will not live on the surface of the Health Recovery Chip as they are neutralized and/or destroyed during the process of a treatment.

You can use your finger, a cotton swab or the jade wand for this. When using a cotton swab, be sure to place a few drops of the SURFACE LIQUID onto the cotton swab first, and then apply the moistened cotton swab to the Health Recovery Chips. Using the SURFACE LIQUID will give your Health Recovery Chips the most longevity.

ALCOHOL BASED LIQUID

Some people may still prefer to use alcohol for cleaning the Health Recovery Chips even though the Health Recovery Chips are self sterilizing. Alcohol is effective for sanitizing but may slightly reduce the life of your Health Recovery Chips compared to using SURFACE LIQUID alone.

When using this method, simply pour a few drops of alcohol onto a COTTON SWAB and gently and quickly rub the cotton swab across the surface of the Health Recovery Chips. You may notice some of the colour is removed from the Health Recovery Chip onto the cotton swab. This is normal when using cotton swabs. Do NOT POUR the alcohol DIRECTLY onto the Health Recovery Chip. Using alcohol may slightly reduce the life of your Health Recovery Chips compared to using SURFACE LIQUID alone.

Cleaning the Health Recovery Chips



CAUTION. THIS IS NOT RECOMMENDED

Doing any of these will significantly reduce the life of your Health Recovery Chips !

CAUTION!!!

Using normal or purified water will significantly reduce the life of your Health Recovery Chips. Do not apply ANY LIQUID (including tap or purified or distilled water, alcohol, soap and/or water, anti-bacterial liquid) directly onto the Health Recovery Chips. Never completely or partially submerge your Health Recovery Chips in any liquid and do not rinse your Health Recovery Chips under water or other liquids.

You should never allow your Health Recovery Chips to be rinsed directly or completely submerged in ANY liquid (including tap, purified water, alcohol, soap and/or water, anti-bacterial liquid).

Cleaning with SURFACE LIQUID is best for the life of your Health Recovery Chips. Second best is alcohol that is first applied to a cotton swab and then applied to the surface of the chip.

THE SURFACE LIQUID is SPECIALLY FORMULATED to ensure a long life for your Health Recovery Chips.

Cleaning the Health Recovery Chips

Occasionally you should clean your Health Recovery Chips to enhance their longevity... (once or twice per month should be sufficient – depending on usage).



Step 1 – Place a drop or two of the SURFACE LIQUID (best) or alcohol (second best) onto a cotton swab.

UV light is also a safe and effective method for cleaning your Health Recovery Chips.



Step 2 – Gently move the cotton swab around the surface of the Health Recovery Chips.



Step 3 – Gently shake the excess water from the Health Recovery Chip after cleaning (you may gently pat but **DO NOT RUB** the chips with paper towel to absorb the excess water) and lay them on a flat surface to air dry.

Store your Health Recovery Chips in a dry area when not in use.



Step 4 – After each time you handle the Health Recovery Chips ensure you wash/rinse your hands thoroughly with water to prevent any further heat transfer to your eyes, nose, mouth or other mucous membranes.

If the ACTIVATED LIQUID comes into contact with any of your mucous membranes, including your eyes, you may experience discomfort, but remain calm. Immediately rinse the affected area thoroughly with water until the discomfort disappears.

Rinsing the affected areas should take 5 -10 seconds or more.

Important to note for ALL USERS BEFORE USING YOUR Health Recovery Chips

QUESTION:

“What do I do if the diagram for the specific disease or condition I want to treat has MORE “acu-points” than the number of Health Recovery Chips in kit I purchased.

I want to make sure that I am doing the best I can to treat the disease/condition properly. What should I do? Will the Health Recovery Chip treatments still be effective?”

ANSWER:

The Health Recovery Chips WILL still BE EFFECTIVE in treating the desired condition even with fewer chips than the diagram calls for in ‘acu-points’ shown.

Simply break your application of the Health Recovery Chips into two or three separate treatments to cover all of the points required. Conduct these separate treatments on the same day, or, you can alternate days – either is effective, so chose your treatment plan based on yours or your client’s time table or schedule.

Alternatively, you may contact Sig-na Healthcare by phone or email to order more Health Recovery Chips to allow coverage of all points at the same time for the specific disease or condition being treated - you’ll find our contact information on this website.

Either way will be as effective, but the latter suggestion may be more convenient for you.

One sided treatments:

For certain disease conditions (example- Arthritis wrist, Arthritis knee, Arthritis ankle, Carpel tunnel, Tennis elbow, etc...) we have shown acupuncture points in the diagrams for both sides of the body (or limbs). In these instances, treat only the side (or the limb) that is giving you or your client discomfort. IF you DO wish to treat both sides (or limbs) this may require two separate treatments depending on the number of Health Recovery Chips you own.

A few Testimonies

"This is amazing. I did not have a voice today due to a sore throat so I tried the needle free acupuncture stones (I had nothing to lose). I was amazed that after only 1 treatment, my voice came back right away. It works!

Thank you so much"

Valerie Muriel

Trigenics Myoneural Medicine

"Arriving in Toronto for a 3 day expo; my job is to talk at length about mind, body and spirit wellness. But I was not well! I had lost my voice. Within an hour of experiencing acupuncture without needles, my voice returned and I was able to continue the work that I came to do"

Beverly Love

Senior Admissions Advisor

The American Institute of Holistic Theology

"For the last 25 years I took painkillers for my migraine headaches. I tried so many different medications and had no relief from my migraines. I was very surprised that after my first treatment with the HRC for my migraines, I felt so much better and my shoulders were not so tensed up as they usually were. I took 12 painkillers a day, and I barely made it to the next 4-5 hours before I had a headache again. I realized that I had to deal with rebound headaches as well. So, now after 1 month of treatment with the HRC I successfully cut my medication in half (6 tabs) and have high hopes for the future. I still once in awhile have a bad day, but all in all the HRC are working very well for me. If anyone can relate to my story, there is hope _ just give the Health Recovery System a try!

I am very glad I did!"

Sincerely,

Burji Gaider

"I have never come across a product as effective as the Health Recovery Chips. I have been suffering from insomnia for the last 5 years and have tried numerous sleep aids with little success. I noticed a difference from the first time I used the Health Recovery Chips - I did not sleep through the night, but I was able fall back to sleep which was unusual for me. As I have continued with my sessions, my sleep has improved significantly. I was truly amazed at how quickly I saw results and that the progress is continual. I have begun to use the Health Recovery Chips for other conditions. My experience with this product has been nothing but positive.

Thank you for an excellent product"

Laryssa B.

IMPORTANT - WARRANTY REGISTRATION

Congratulations on your interest of purchase of the Health Recovery Chips which are guaranteed under warranty to perform for a minimum of 1 year. In order to initiate this warranty YOU MUST REGISTER.

Please email us (**warranty@sig-na.com**) or call us 416-221- 0067 (GTA) or 1-888-919-2929 (outside of GTA) with the following information and we will place you under our

WARRANTY PROGRAM:

- Name (first and last):
- Street address:
- City, Province/State:
- Country:
- Zip/Postal Code:
- Phone number:
- Where/from whom did you buy your Health Recovery Chips?
- Which kit (single, 5, 10 stones) did you purchase?
- Price paid and currency?
- What conditions are you looking to treat?

For extended warranty plans up to 5 years, please:

**email us: warranty@sig-na.com,
call us 416-221-0067 (Toronto) or
1-888-919-2929 (outside of GTA)
or see our
website: www.sig-na.com.**

30 Day Money Back Guarantee*
For the Needle Free Acupuncture
Health Recovery Chip Pain Management,
Wellness and Vitality System.

This certifies that your purchase of the Health Recovery
Chip Pain Management, Wellness and Vitality System is
satisfaction guaranteed for 30 days.

During this period, we encourage you to use your new
purchase as often as you can. We want to see you derive
the benefit that so many others have from our product.

Sig-na Healthcare Inc.
Be healthy. Help yourself. Help others.

* - subject to a \$50 re-packaging fee

EASY REFERENCE CHECK LIST

Important Points to Remember About Your Health Recovery Chips

1. Store your Health Recovery Chips in a dry area when not in use.
2. Always wash clean (then dry) the skin area (oils, makeup, dirt, etc) where you will be applying the Health Recovery Chips BEFORE applying them. In areas of thick body hair on an acupuncture point/area you may have to remove the hair for the Health Recovery Chip to be effective on that point/area. The Health Recovery Chips will not be as effective on your scalp.
3. Understand and remember the difference between **SURFACE LIQUID** (the water in the bottle provided in your kit) and **ACTIVATED LIQUID** (SURFACE LIQUID or any water or residue of water that has come into contact with a Health Recovery Chip). The **SURFACE LIQUID** is safe, drinkable, negative ionized distilled water. The SURFACE LIQUID **becomes** ACTIVATED LIQUID after contact with the Health Recovery Chip. The **SURFACE LIQUID** will not cause a stinging sensation or discomfort upon contact with mucous membranes, including one's eyes. The ACTIVATED LIQUID will sting or cause discomfort upon contact with mucous membranes, including one's eyes. Be cautious when handling.
4. Keep the Health Recovery Chips out of the reach of children.
5. If any ACTIVATED LIQUID does come into contact with any mucous membranes or eyes, remain calm and gently, but liberally, rinse or flush (usually for 5 -10 seconds or more if required) the affected area with cold water until the discomfort disappears.
6. You can apply ANY side of the Health Recovery Chip to the body, however, we recommend that when using tape to secure the Health Recovery Chip to your body, you ALWAYS place the logo side of the chip against the sticky portion of the tape, and the flat surface to the body. This will enhance the life and effectiveness of your Health Recovery Chips. ALWAYS STAY CONSISTENT WITH WHICH SIDE is taped.
7. Always wash your hands AFTER handling the Health Recovery Chips and/or ACTIVATED LIQUID.
8. When applying the SURFACE LIQUID to the Health Recovery Chips, use your finger, a cotton swab or the jade wand to spread the water to cover the entire surface. It should be obvious but remember to place the face of the chip with the liquid applied side against your body.
9. Occasionally you should CLEAN your Health Recovery Chips. Using SURFACE LIQUID is your best choice for the longevity of the Health Recovery Chips. Alcohol is also effective but may slightly reduce the longevity of your Health Recovery Chips compared to using SURFACE LIQUID.

10. In treatment with the Health Recovery Chips one may experience a mild warming or a more intense heat sensation on the skin area where the chips are applied. This is normal. The Health Recovery Chips do not change temperature significantly. Any warming sensation experienced is from one's own body producing the (increase in) heat – not the chips. This sensation will disappear during your treatment or shortly after completion of your treatment. If you bath or shower shortly after your treatment, the warming sensation may return but will again disappear soon after.
11. You may experience a flush or redness effect around the area where you have applied the Health Recovery Chips, during and/or after your treatment. This is normal and will usually disappear during your treatment or 15-30 minutes after your treatment. Take an extra day between treatments if the sensation is too irritating.
12. Always check with your physician if you are considering reducing your reliance on any prescribed medication or changing an existing therapy.
13. **1 treatment** = 45 – 60 minutes
14. **1 FULL COURSE of treatments** = 10 treatments over the course of 10 days then 2 days rest with no treatments. If condition is severe, it is safe to occasionally increase the treatment beyond 60 minutes, and to more than once per day. Also, one may treat every other day to reach 10 treatments.
15. One can be treated for more than 1 condition in a single day. For example, you can treat for LOWER BACK PAIN in the morning and then treat for INSOMNIA in the evening, (or even at same time if enough chips available) and do as many COURSES of treatments for each as the condition warrants.
16. The number of treatments or the number of COURSES of treatments will vary depending upon one's disease and condition. Check the GUIDE LINES FOR INITIAL TREATMENT DURATIONS chart in determining your approach.
17. Do not use the Health Recovery Chips on open sores, or rashes, irritations, cuts, breaks/wounds or infection in/on one's skin.
18. We encourage you to CONTACT US with any questions you may have for assistance in using your Health Recovery Chips.
19. YOU MUST REGISTER your purchase to initiate your warranty of 1 year. To do so, call us or email (warranty@sig-na.com). We encourage you to use the Health Recovery Chips as often as you want! You can also extend your warranty to 5 years if you wish – contact us for details.
20. SEND US YOUR STORY !!! We'd love to hear how your Health Recovery Chips have enhanced the quality of your's or your client's life, and brought relief - call us and leave a message or email (mystory@sig-na.com).
21. The needle free acupuncture Health Recovery Chip Pain Management, Wellness and Vitality System is a non-invasive alternative to acupuncture with needles. It is inspired by traditional acupuncture theory – place the chips on an array of individual acupuncture points (as directed) or place the Health Recovery Chips directly on and around areas of pain or discomfort.

The needle free acupuncture Health Recovery Chips Pain Management, Wellness and Vitality System can be an excellent addition and compliment to your current health regime or program. It can assist you in reducing or eliminating your reliance on existing prescription medicine programs, as well as an excellent compliment to any of your existing health and wellness therapies but **ONLY AFTER CONSULTATION WITH YOUR MEDICAL PHYSICIAN.**

Sig-na Healthcare Inc. **STRONGLY RECOMMENDS** if you are considering a change of any nature in your existing health or medical routine, that you **MUST CONSULT WITH YOUR PHYSICIAN** before making that change. They will understand the nature and diagnosis of your condition or specific situation and are enabled to help you make the appropriate medical choices for you.

Therefore, Sig-na Healthcare Inc. can assume no liability or responsibility in this regard. Any decisions to make changes in your's or your client's current health curriculum are to be considered your own and complete responsibility and **SHOULD ONLY BE DONE SO** after **CONSULTING** the attending **PHYSICIAN** (and **BEFORE** changing anything).

We sincerely hope you can understand the spirit of our intent – to ensure that you can use your Health Recovery Chips in the safest and most effective way possible.

Enjoy your journey with your needle free acupuncture Health Recovery Chip Pain Management, Wellness and Vitality System.

Re-Imagine Life

**Be Healthy.
Help Yourself.
Help Others.**



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416-221-0067 (GTA)

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